

NCI Library

APA Referencing Quick Guide

APA is the most commonly used referencing style in the National College of Ireland for Psychology, Education and Learning and Teaching but other referencing styles such as Harvard may be used by your course – please consult with your lecturer to confirm which style they require you to use. In order to correctly reference each type of source using the APA style, you should include all the details, correct punctuation and italicised text as shown; see the full NCI Library Referencing Guide for further details.

In-text Citations, Paraphrasing & Quoting

When using ideas or information from another source, it is much better practice to paraphrase (i.e. change the wording) than to directly quote the source. Paraphrasing is a *key academic skill* when referencing information from other sources and helps to avoid the risk of plagiarism. It also provides the means for you to demonstrate your understanding of a source rather than relying on the exact wording. When referencing in-text, insert a short, basic reference as shown below -

Paraphrase example

Santrock (2015) suggests that young adults realise that thinking cannot just be conceptual, but rather has to be more pragmatic (p. 420).

Direct quote example

Young adults “understand that thinking can’t always be abstract. In many instances, it must be realistic and pragmatic” (Santrock, 2015, p. 420).

Every short, basic reference has an equivalent full reference in the reference list at the end of your work – see the different format examples below -

Referencing Examples

Book – Single author

Santrock, J. W. (2015). *Life-span development*. (15th ed.). New York: McGraw-Hill.

Book – Two authors

Boyd, D., & Bee, H. (2015). *Lifespan development*. (7th ed.). London: Pearson Education.

Book – Three or more authors

Shaughnessy, J. J., Zechmeister, E. B., & Zechmeister, J. S. (2015). *Research methods in psychology*. (10th ed.). London: McGraw-Hill.

Book – Corporate author

American Psychological Association. (2010). *Publication manual of the American Psychological Association*. (6th ed.). Washington DC: Author.

Book – Editor(s)

Davey, G. (Ed.). (2011). *Applied psychology*. Chichester: BPS Blackwell.

Chapter of an edited book – Single author

Preuss, T. M. (2009). The cognitive neuroscience of human uniqueness. In M. S. Gazzaniga (Ed.), *The cognitive neurosciences* (4th ed., pp. 49-66). London: The MIT Press.

eBook – Two authors

Hogg, M. A., & Vaughan, G. M. (2011). *Social psychology* (6th ed.). Retrieved from <https://ezproxy.ncirl.ie:2157/abstract/9780273726012>

Journal article – Three or more authors

Wang, J., Zhang, Z., & Jia, M. (2017). Understanding how leader humility enhances employee creativity: The roles of perspective taking and cognitive reappraisal. *The Journal of Applied Behavioral Science*, 53(1), 5-31.

eJournal article – Single author

Wood, W. (2017). Habit in personality and social psychology. *Personality and Social Psychology Review*, 21(4), 389-403. doi: 10.1177/1088868317720362

Conference paper – Three or more authors

Heene, M., Coyne, J., Francis, G., Maguire, P., & Maguire, R. (2014). Crisis in cognitive science? Rise of the undead theories. *The Annual Meeting of the Cognitive Science Society 2014*, (pp. 82-83). Quebec City, Canada. Retrieved from <https://www.semanticscholar.org/paper/Crisis-in-Cognitive-Science%3F-Rise-of-the-Undead-Heene-Coyne/affe953dbe01a85cb08622c40360687ecc0bee60>

Psychological Test/Measure

Pekaar, K. A., Bakker, A. B., van der Linden, D., & Born, M. P. (2018). Rotterdam Emotional Intelligence Scale. *PsycTESTS*. doi: <http://dx.doi.org/10.1037/t66601-000>

Webpage

Dewey, R. A. (2007). *Psychology and science*. Retrieved from http://www.intropsych.com/ch01_psychology_and_science/tofc_for_ch01_psychology_and_science.html

Document from a webpage

Sweeney, J. (2013). *A strategic review of further education and training and the unemployed*. Retrieved from Department of Education and Skills <https://www.education.ie/en/Publications/Education-Reports/A-Strategic-Review-of-Further-Education-and-Training-and-the-Unemployed.pdf>

Newspaper article – Print

McConnell, D. (2014, April 19). What are we and where are we going? The Social Conquest of Earth. *The Irish Times, Weekend*, p.12.

Newspaper article – Online

O'Connell, J. (2018, May 19). Jennifer O'Connell: Why do we live in a culture that venerates stress? *The Irish Times*. Retrieved from <https://www.irishtimes.com/life-and-style/people/jennifer-oconnell-why-do-we-live-in-a-culture-that-venerates-stress-1.3491747>

Case study - Online

Durrani, H. (2014). Facilitating attachment in children with autism through art therapy: A case study. *Journal of Psychotherapy Integration*, 24(2), 99-108. doi: 10.1037/a0036974

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